





Relaxation and tranquility are key elements at Knai Bang Chatt and whether you choose a rejuvenating body treatment in the SPA or a relaxing massage just meters from the sea, our SPA will pamper and enchant you. Using pure essential oils and natural ingredients, our products are not just indulgent, but wonderful nourishment for your skin and body. Our full trained and qualified therapists with superb skills and human tenderness will help you achieve a state of pure bliss. The SPA is your private time to relax, unwind, recharge, and rejuvenate.

## GENERAL INFORMATION

**OPENING HOURS** 

Daily 10 AM – 8 PM (Also available by private reservation).

## **ARRIVAL TIME**

Arriving 10 minutes early before schedule will enable us to tailor your treatment to your specific needs.

## LATE ARRIVALS

Arriving late will decrease your treatment time. Arrivals later than 15 minutes will be result in cancellation of session and attract full cancellation fees

## **CANCELL ATION POLICY**

Please give the SPA or Reception at least 24 hours' notice to cancel an appointment or a 50% cancellation charge may apply. Cancellations received within one hour of appointment, late arrival of 15 minutes or longer and a no show will be charged 100%.



## TRADITIONAL MASSAGES

#### **FOOT REFLEX OLOGY**

A steady pressure applied to specific points of your foot will free any blockages in your nervous system and improve your overall energy flow.

60 min. 35 USD

#### STRESS RELEASE MASSAGE

This traditional therapy focuses on your head and shoulders. A steady pressure applied to specific points of your head and shoulder will free any blockages in your nervous system an ideal beginning to your stay at Knai Bang Chatt.

60 min. 39 USD

#### TRADITIONAL KHMER MASSAGE

A healing therapy that gives your whole body a smooth flow of energy, improves flexibility and stimulates your inner organs.

60 min. 39 USD90 min. 50 USD120 min. 61 USD

## **AROMATHERAPY MASSAGES**

### AROMATHERAPY MASSAGE

An aroma oil massage therapy will quickly lift up your tense muscles, relax and soften your heart. Your choice of naturally formulated oils: Eucalyptus, Rosemary, Ginger, Ylang Ylang.

60 min. 43 USD 90 min. 61 USD

## HEAD, BACK & SHOULDER MASSAGE

This natural oil massages work to stimulate blood circulation and improves energy flows. The therapist focuses on the back, neck and shoulder to loosen muscles and to ease tension. This massage helps to improve the central nerve system and stress.

60 min. 43 USD

#### HERBAL COMPRESS MASSAGE

Hot herbal compresses used in conjunction with Aromatherapy. This treatment helps to relief back pain and tendinitis, increases energy flow, improves circulation, relaxes muscles and stimulates nerves.

60 min. 45 USD 90 min. 59 USD

#### FOUR HAND MASSAGE

Two massage therapists, four hands, in harmony & superbly skilled to soothe your entire body and aching bones.

60 min. 65 USD 90 min. 89 USD

## **BODY TREATMENTS**

#### **KEP SALT SCRUB**

This body polish treatment uses freshly ground "Kep Sea Salt" mixes with homemade prolei (Khmer Herbal) powder, rosemary and eucalyphts essential oils to rejuvenate and smooth your skin. Finish off with the Knai Bang Chatt cream massage that will leave your skin silky and soft.

60 min. 43 USD

#### KNAI ORGANIC RICE SCRUB

Natural and gently body exfoliation with local organic rice followed by hydrating treatment to revitalize your skin. (Plain yogurt, honey, fresh orange juice & Ylang Ylang essentials) **60 min. 50 USD** 

#### KEP BODY WRAP

Fresh mango body wrap reliefs skin of toxins and impurities while relaxing and soothing you from within. (Plain yogurt and natural honey from Kampot used to purity and hydrate your body)

60 min. 50 USD

## ALOEVERA BODY WRAP

The healing property of Aloe Vera has been known to help repair skin damaged by the sun. A hydration and moisturising process with Aloe Vera and cucumber, which contain antioxidant, revitalizes and gives radiance to your skin.

60 min. 50 USD

## **FACIAL TREATMENTS**

#### RADIANCE AND PROTECTION

Suspending time, the treatment offers maximum protection against external factors and radicals. Adapted for all skin types, it includes facial and neck massage to enhance relaxation, leave skin looking balanced and refreshed.

60 min. 54 USD

#### FRUITY VITAMIN FACIAL

Cucumber toner and black sticky rice gently exfoliate your skin, removing dead skin cells. Mango mask is associated with longevity and preserving youthfulness. It works as a nahtral moishtrizer and encourages healthy skin growth.

60 min. 54 USD

## RESCUE FACIAL (FOR MEN)

Relaxing and cleansing facial treatment to rejuvenate your skin as well as counteracting skin irritation from shaving and sport related activities. Includes facial and massage.

60 min. 50 USD

## **BEAUTY TREATMENTS**

Groom hands and feet, exfoliation, filing and shaping of nails, cuticle treatment, relaxing hand or foot massage and nail buffing to shmning shine. Finish with a hydrating cream that leaves hands and/or feet soft and silky.

## SIGNATURE MANICURE

60 Min | 22 USD Signature pedicure 60 Min | 22 USD

## SIGNATURE PEDICURE AND MANICURE PACKAGE

120 Min | 42 USD

## PEDICURE AND FOOT MASSAGE PACKAGE

120 Min | 62 USD

## **PACKAGES**

### MORNING REJUVENATION

- · Kep Salt Scub
- · Kep Body Wrap
- · Rediance & Protection facial
- 150 min 110 USD

### DAY TIME RELAXATION

- · Aroma Therapy Massage
- · Fruity Vitamin Facial
- 120 min 83 USD

## **AFTERNOON & NIGHT DREAM**

- Aroma Therapy
- Organic Rice Scrub
- · Radiance & Protection Facial
- 150 min **97 USD**



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